

ACAMIS TECH 2026 • WORKSHOP

E-Safety: Zero to Hero

From nothing to something that lasts.



PRESENTED BY

Tim Pyles • Mister Pyles

ROLE

Whole College E-Safety Lead, DCB

COMPANION SITE

bit.ly/0toHero

OUR 60 MINUTES

Today's route

01 • 0–8 MIN

Why

Press **STOP**
& review three
numbers that
change the job.

02 • 8–16 MIN

The route

Seven stages, and
what I built at each.

03 • 16–28 MIN

Your campus

Score six tracks.
Find your lowest
one.

04 • 28–44 MIN

Try the tools

One station per
table, picked by
your track.

05 • 44–60 MIN

Your plan

One name
(accountability). **One**
action (smallest to
get the ball rolling).
One date (next week).

Your ability to act is at the forefront of our workshop.

TRY IT NOW · SIGNAL DROP

Press STOP.

An AI conversation is about to unfold in real time. Note where you "STOPPED" the moment something felt wrong.

If on the website page:

If not: bit.ly/0toHeroSTOP

01

Watch the chat build

02

**Press STOP and note
when it's gone too far**

03

**Review with your table
where everyone
stopped.**



WHY NOW



The first “adult” a child tells *may not be an adult.*

A disclosure to a chatbot is not a safeguarded disclosure. Our trusted routes now have to be as easy to reach at 11pm as an app.

**This does not mean I can message Mr Pyles at 10:39 when I have a crisis, but as a child I know who my trusted adults are, how to reach them, and in the event of an emergency a way to get immediate support.*

Three numbers that change the job

50%

of 10–17s who use everyday AI **assistants** also use them for personal reasons: advice, health, feelings.

eSafety Commissioner • AU • 2026

23%

of vulnerable child chatbot users say they use them because they have **no one else** to talk to (12% of all users).

Internet Matters • UK • 2025

1.2M

children across 11 countries report their images were made into **sexual deepfakes**.

UNICEF • 11 countries • Feb 2026

02

The route

Seven stages: from one person with no plan to a whole-school system. Every stage has free starting points.

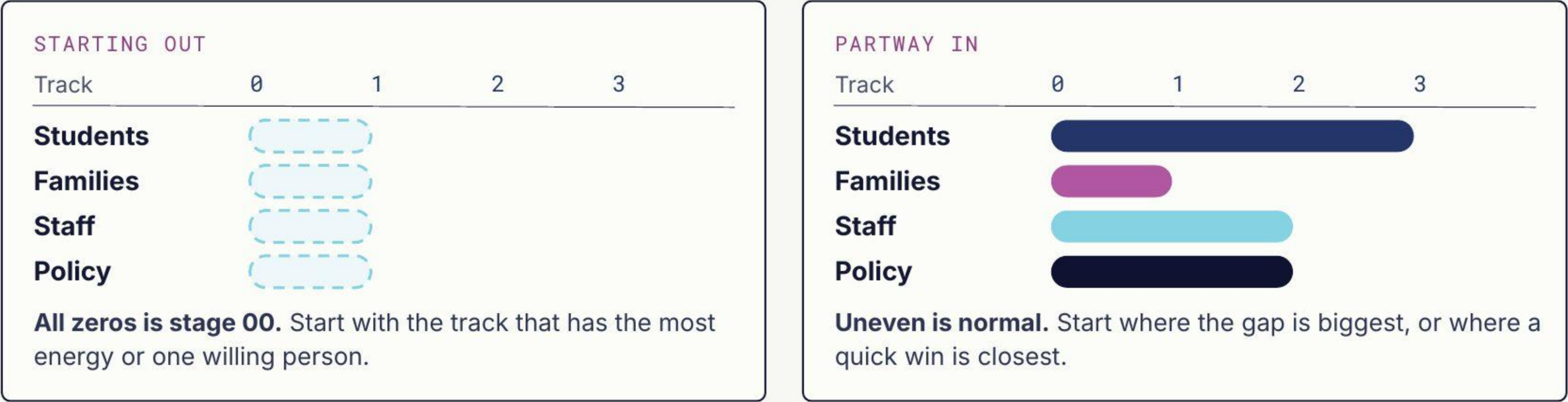


ZERO → HERO • A ROUTE, NOT A CHECKLIST

Seven stages, one next step



Every campus starts somewhere

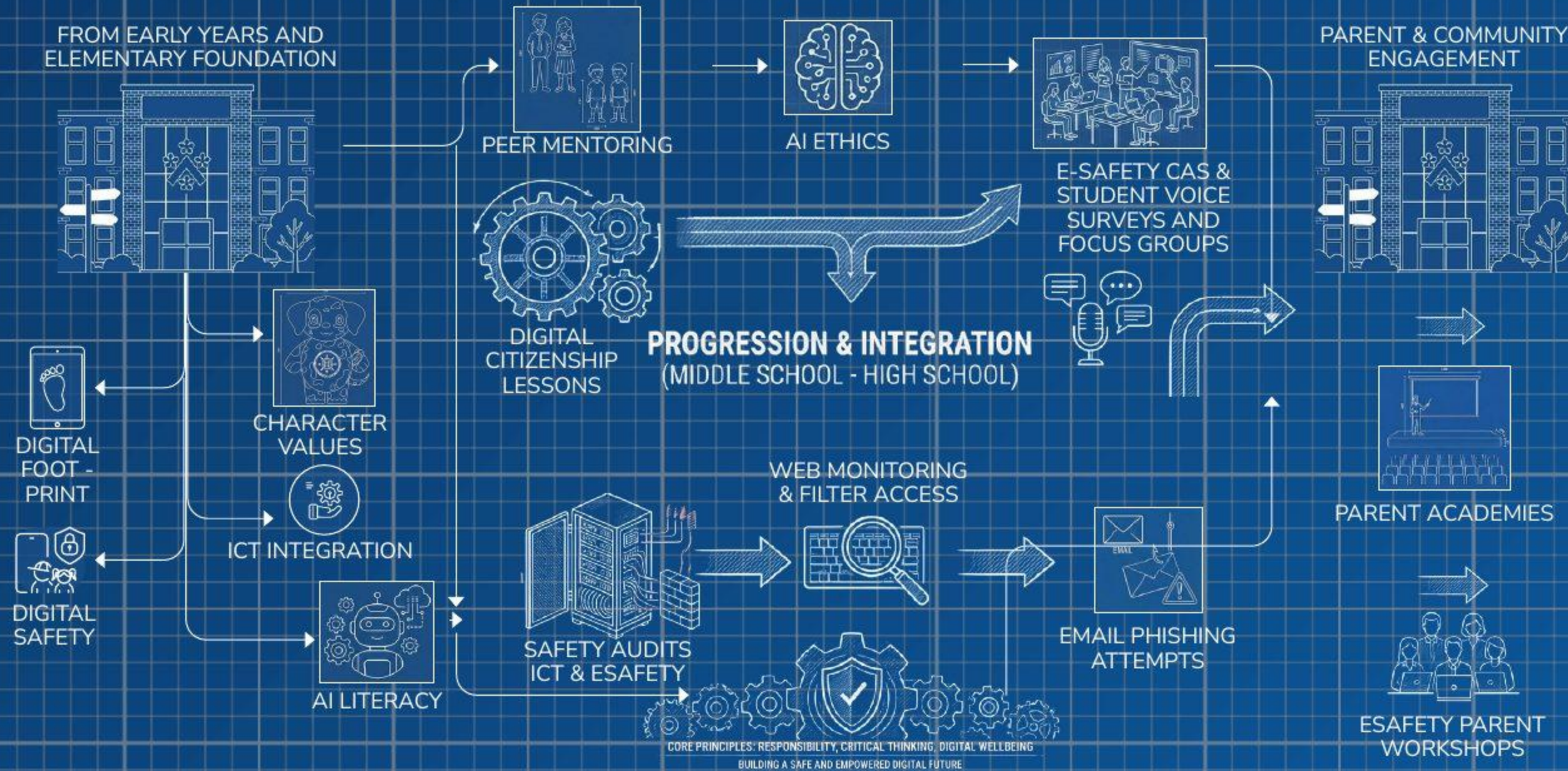


Pick one track. Move it one step.

Whichever picture looks like yours, the diagnostic helps you choose that track, and the tool stations help you take the step.

Our Proactive Approach

SCHOOL DIGITAL SAFETY BLUEPRINT: FROM PRE-K 3 TO HIGH SCHOOL



What it looked like for us

EARLY YEARS DUCKS	JUNIOR SOHOC Juniors	SENIOR SOHOC Seniors	WHOLE COLLEGE Integration
Digital Citizenship Week values video Digital Citizen Dilon curriculum Early AI literacy Sip & Support: AI toys, what never to share	Targeted lessons Bespoke, gamified content Digital Citizenship Journal Teacher training on trends	Lessons on request Built curriculum: Operation Protection, Signal Drop Staff training on misogyny Parent Academies on trends	Scattered strands AI literacy goals AI policy and guidance Unified strands, partnered lessons

Digital Dilon



Digital Citizenship with Dilon!

A DULWICH COLLEGE BEIJING APPROACH TO PROACTIVE DIGITAL SAFETY

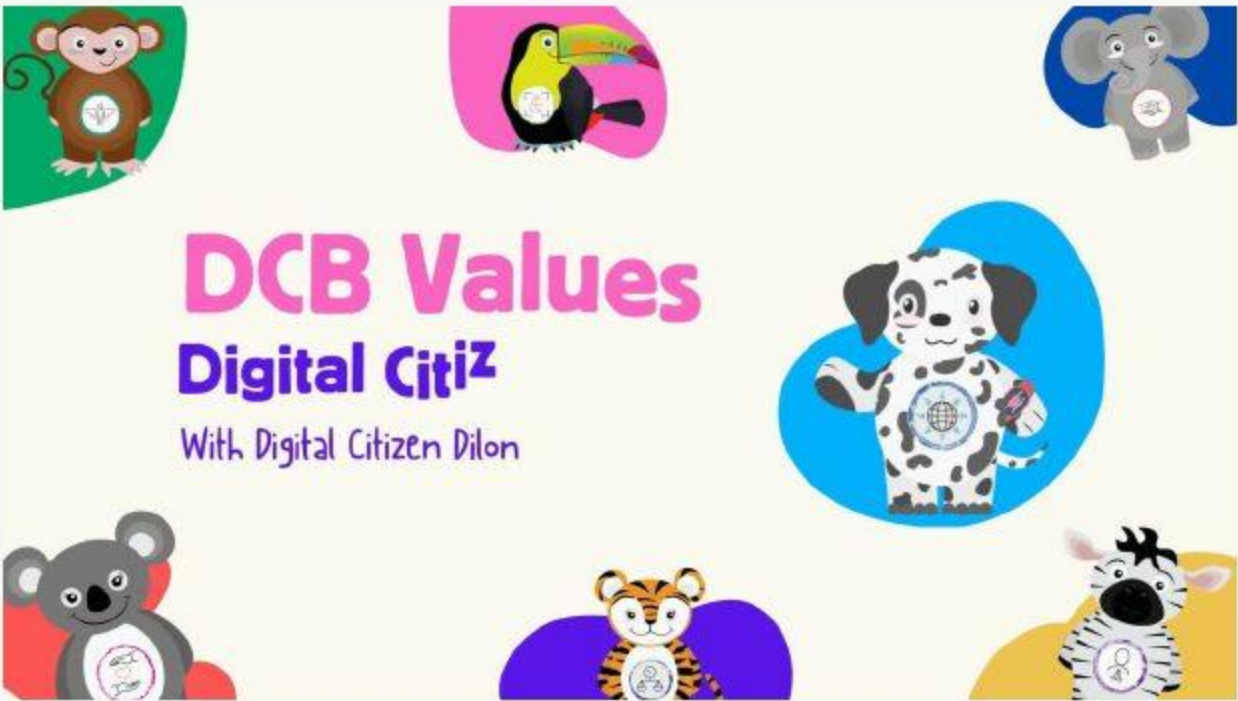
6 Scaffolded lessons per age group, example below:

Age Group	Lesson Description
Nursery (2 - 3 Years Old)	Digital Dilon & Respectful Rui discuss safe iPad use (first introduction of what we use to access a digital environment).
Reception (4 - 5 Years Old)	Digital Dilon & Respectful Rui discuss safe technology use (any device and location could have a digital environment).
Year 1 (5 - 6 Years Old)	Digital Dilon & Respectful Rui discuss safe iPad use for apps (introduction of how apps can and will be used on devices).
Year 2 (6 - 7 Years Old)	Digital Dilon & Respectful Rui discuss respecting ideas (introduction of citations and idea ownership online).

Each age group is learning to be respectful in a digital environment but the underlying message and teacher mediated lesson is developed for each age group.

DULWICH COLLEGE
[BEIJING]
XXXXXXXXXX

Initial Video (2023)



DCB Values

Digital CitiZ

With Digital Citizen Dilon

Scaffolded AI Video (2026)



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CASE STUDY • DULWICH COLLEGE BEIJING • SINCE 2023

Junior School



**Made
with
Canva &
Eleven
Labs**

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CASE STUDY • DULWICH COLLEGE BEIJING • SINCE 2023

Student workshop & Micro-Lessons



Requested for App Overuse



Requested for Grooming



Proactive over AI Emotional Support

ACT 2 • THE ROUTE

What it looked like for us

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Whole College

TRAINING

STAFF / EDUCATORS

School-based training for platforms, AI, digital safety (DUCKS - JS - SS)

Training over trends for Digital Safety, Deep Fakes, Misogyny, etc.

Surveys and informed follow-up regarding Digital Safety & its practices.

WORKSHOPS

PARENTS / FAMILIES

Introduction to new parent academies on expanded topics

E-Safety Sip & Supports, expanded to E-Safety Workshops in 2026.

Parent resources and dedicated landing page for Digital Safety

PARTNERSHIPS

NETWORKING

Renown Speakers on campus for topics, such as, Patrick Greene and Screentime, Family Connections, and Technology Practices at Home

...

ACROSS 4 YEARS:

22 FAMILY SESSIONS • 12 PARENT ACADEMIES + 10 SIP & SUPPORT

10 STAFF SESSIONS • 5 STAFF TARGETED SURVEYS • 3 POLICY AUDITS

03

Your campus

Twelve minutes to score where you really are, not where the policy says you are.



Score your campus

8 MINUTES

- 1 Open the companion and choose **Diagnose & plan**.
- 2 Score all six tracks on what is **observable this term**, not what a policy says.
- 3 Press **Show my next step**. Write your lowest track on a sticky note.

Six tracks: Early Years · Primary · Secondary · Families · Staff & leaders · Policy & accountability

COMPANION SITE

bit.ly/0toHero

0 · ZERO

Nothing planned;
depends on incidents or
one person.

1 · BORROWED

A recognised template is
in use and scheduled.

2 · BESPOKE

Adapted to our students,
languages, platforms and
trends.

3 · OWNED

Integrated, owned by
named people, reviewed
with evidence.

Where is the room?

*Where is your campus?
Review the areas and then
share as a table how you
ranked your areas.*

STARTING OUT				
Track	0	1	2	3
Students				
Families				
Staff				
Leaders / admin				
Policy				

Once you have finished sharing please reflect on where you think your best next step is:

Policy | Student Tools or Lesson | Family Resource or Workshop

04

Try the tools

Twelve minutes at one station, chosen by your lowest track. Use the real resources, not slides about them.



PICK BY YOUR LOWEST TRACK

Choose your station

12 MINUTES

A

Respond

LOWEST: STAFF & LEADERS OR POLICY

Work a scenario card through the first-response routine. Find where your route breaks.

Leave with: one breakpoint and its fix.

B

Make it yours

LOWEST: A STUDENT TRACK

Decode this, then try Signal Drop, the Dilon lessons and the Journal.

Leave with: one lesson to remake this term.

C

Bring families in

LOWEST: FAMILIES

Talk-sheet swap, conversation cards and a café session outline.

Leave with: your first family message.

Work one case, find the break

CARD 1 • CHATBOT

A Year 7 says an AI “told them what to do” about a worry at home.

CARD 2 • DEEPPFAKE

An AI-generated image of a classmate is circulating in a group chat.

CARD 3 • SEXTORTION

10pm Friday. A 15-year-old is being asked for money after sharing an image.

01

Notice

02

Open

03

Listen

04

Route

Then ask: where would our route break: cover, records, technology or culture? Write reflections down as you work.

Decode this, then make it yours

IN A CHINESE-LANGUAGE CHAT



IN A TUTOR GROUP

"It's wraps."

IN A DEBATE CLIP

价值

THE LESSON

Meanings shift across languages and terms. Teach staff to ask, "What does that mean to you?"

THEN TRY

Signal Drop scenarios 2–3 • the Dilon PDF • the Journal. Pick one borrowed lesson to remake.

The talk-sheet swap

INSTEAD OF / 不要这样说

"That app is dangerous. Delete it."
那个软件太危险，删掉它。

"Stop asking that AI everything."
别什么都问 AI。

"If anything bad happens, you lose your phone."
出事了就没收手机。

TRY / 可以这样说

"Let's look together at what's safe about it."
我们一起看看这个软件是否安全。

"What did it tell you? How could we check?"
它告诉你什么了？我们怎么核实？

"You won't be in trouble for telling me."
网上出了问题，告诉我你不会挨骂。

Review Shared Sip & Support(s), then draft: your first family message: topic, phase, languages, date.

3 MINUTES • ONE VOICE PER TABLE

Bring it back

"Our lowest track was _____.

At the station we found _____."

Keep that sticky note: it becomes the first action in your plan.



05

Your Monday plan

Digital Citizenship Week starts tomorrow, Monday 19 October. Leave with one small action you can do then.



One name. One action. One date.

8 MINUTES

TRACK + TARGET STAGE e.g. Families: 0 → 1	ACCOUNTABLE ROLE a role, not a name
FIRST ACTION • STARTS MONDAY your sticky note from the station	
REVIEW DATE 30 days from now	BARRIER → MOVE no time → standing agenda item

- 1 Fill the plan on the companion.
- 2 Press **Download this plan.**
- 3 Put the review date in your calendar **now.**

STUCK? START HERE • THE COMPANION HAS A MOVE FOR EVERY LEVEL

Monday moves from zero

Early Years

A Digital Citizenship Week video or a picture-book lesson on values. Adults operate any AI.

Primary

Adopt one framework (Common Sense or ProjectEVOLVE) and schedule a lesson per term.

Secondary

One planned lesson per term per year group. Run one Signal Drop scenario in tutor time.

Families

Send one bilingual message using the UNESCO family guide or Digital Citizenship Week family resources.

Staff & leaders

Put notice → open → listen → route into induction this month.

Policy

Name an owner and a safeguarding partner. Write down what already exists.

YOUR TAKEAWAY PACK

What you leave with



- ✓ **Your 30-day plan**, downloaded
- ▶ **Signal Drop**: nine AI chat scenarios
- 📅 **Digital Citizenship Journal** (Canva)
- 🔗 Free templates: **Common Sense**, **ProjectEVOLVE**, **eSafety**
- 🌐 **The companion site**, templates works offline
- 📖 **Digital Citizen Dilon** EY lessons (PDF)
- 💬 **Bilingual talk sheet** and family cards
- ★ **Digital Citizenship Week**: 19–23 October

EVERYTHING IS LINKED FROM THE COMPANION

ACT 5 • YOUR PLAN

BACK TO THE SIGNAL DROP STUDENT

Next time, who does the student tell?

Make the person easier to reach than the machine.



COMPANION
bit.ly/0toHero

STAY IN TOUCH
timothy.pyles@dulwich.org

THANK YOU • MISTER PYLES

ACAMIS TECH 2026